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HOME



ixs THINK SMART. **RIDE FREE.**



FLOW



X-MATTER™ SMART, SAFETY CERTIFIED AND RECOVERING **SOFT IMPACT ABSORPTION**



get out and play

#ixsplayground

EDITORIAL



Mesum Verma – Editor in Chief

ride on
keep it real!!
mesum
verma

HOME

is where we feel us comfortable, where we like to stay. Hans Rey lives in Laguna Beach, where also Richie Schley and Brian Lopes live. Hans has been working with Livigno for the past 10 years, and Brian Lopes won his gold medal back in 2005 at the 4X worlds. Both have a strong connection to that place and can call it „home“, they take us on a day tour on the „Tutti Frutti“ trail.

Fabian, our editor in Austria, grew up in Kaprun. Nothing better than just take your bike and go shredding without having to travel first to somewhere. It's called home trail, Fabian is taking us on his beloved home trail!

To feel „home“ on any trail on any ride, its important we have good protective gear! Especially for AM and Enduro it should be not too heavy, but still should protect the best! We show you the Flow series from iXS, that make you feel home when you wear them and ride the bike.

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TUTTI FRUTTI

MTB-Tour in Livigno/Italy with Hans Rey & Brian Lopes



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Flow series pads



BELOVED HOMETRAIL

Fabian takes us to Kaprun/ Austria



RIDE IN GOOD COMPANY

Duster P MTN

285mm x 140mm
C/F: 190g
Ti-Alloy: 240g
Cro-Mo: 255g



D2 EDGE FLEX
Dual injected, nylon-glass
base with rubberized
edges for optimal pedaling
efficiency

COVER MATERIALS
Soft microfiber top with
embossed graphics and
durable Kevlar sides



NOSE PLATFORM
Wider surface area
for increase control
and power transfers
on inclines

PERI-CANAL
Continuous relief
channel from tip to
tail with light-weight
EVA foam

FLAT-FORWARD DESIGN
Allows ease of movement
and enhanced pressure
distribution in multiple
riding positions

“APPLE”

S-PARTS TITANIUM
COLOR DESIGNS

“苹果绿”系列钛合金套件




/ S-PARTS TITANIUM /





The "Tutti Frutti Epic" MTB Tour is a one day bucket-list ride that includes most of the new and existing trails at the Carosello 3000 Mountain Park in the resort town Livigno, Italy.

 Markus Greber

 Hans Rey

Starting from 2017 this will be a permanently marked tour that everybody can ride at their own pace*. The 45km long tour, includes only a few hundred meters of uphill pedaling, since all the trails can be accessed by gondolas and chairlifts. Riders don't have to be as qualified as my partner for this maiden tour, Brian Lopes. All of the trails are either red or blue (intermediate or beginner), suitable for most skill levels and perfect for Cross Country, All Mountain and Enduro bikes.

The local trail crew has so far built over 25 kilometers of purpose-built flow trails in the past years, according to a master-plan that I had provided with Trail designer Diddie Schneider 7





years ago. Add to this the already existing network of natural trails and you have over 3500 meters/ 11,500ft of vertical descent. Livigno's slogan "Feel the Alps" is now unofficially "Feel the Flow".

After working with Livigno for the past 10 years and after building the first ever Flow Country test trail there with Diddie Schneider in 2010, we slowly developed the "Flow Trail Center" on the Carosello 3000 Mountain Park. This is not a hard core Bike Park as Livigno already offers on the other side of the valley, but this is more like a Trail Center, where everybody can ride, beginners can share the same trails with experts and pros, and don't be mistaken by thinking trails for families and novice riders will be boring for experts, not if they are built properly.

My riding buddy for this initial ride was no other than my long time friend and mountain biking icon Brian Lopes, a former World Champion and Mountain Bike Hall of Famer, just like yours truly. Brian has a very special connection to Livigno, since he won here the 2005 4 X Worlds.

We both brought All Mountain bikes, my GT had 150mm front / 130mm rear and Brian's Intense had 160mm front and rear.

The Tutti Frutti Epic starts and ends in town at the 'Livigno Centro' gondola station. A bike day pass from Carosello 3000 will allow you to use all the uphill assistance needed to complete this epic. The entire route will be marked with check points in numeric order and maps and apps will be available .





The first gondola will give you beautiful views of the remote mountain village of Livigno and its lake, situated in the heart of the Alps and located just east of Switzerland. The first trail starts at the Costaccia restaurant and is one of my favorites, "Roller Coaster" is a red trail and is the only full length Flow Country Trail in Italy, 4k's of berms, whoops and incredible views before heading up again, this time even higher with the Vetta Chairlift. The next section will include a number of trails, including "Coast To Coast", "S-Way" and the last part of H-Dream before arriving on the far side of the mountain by the other gondola, the Carosello 3000 Mid Station.

A short gondola ride and cappuccino later and we cruise down the newest trail on the map, its called 'Bikers United' and we were the first to ride this trail. It is always fun to follow Brian, his skills are so incredible, even on a beginner trail he can link up new and interesting lines, some of them I have never seen anybody else ride or jump before, like linking two innocent rollers into a burly double jump.

After a quick selfie photo with the Scottish Highland Cattle, which roam these mountains, we are back in the Gondola for an overdue Instagram update and to give our arms a rest.



The next stage will be twice as long, taking about 18 minutes, if you don't stop much, it combines the upper part of "Coast To Coast" trail, H-Dream which is a red trail with some bigger jumps, but all of them can be rolled and there are no surprises. The key to great trails are three pillars: Sustainability, Safety and Predictability. That applies for expert trails the same as for beginner trails. At the end of "H-Dream" is a short transition from Carosello Mid Station to "Blueberry Line" another super fun and flowy red trail. This trail will spit you out at one of the many mountain huts and restaurants along the tour, "Tea Borch", where one can get refreshments and typical local homemade foods. Livigno has, as part of its extensive trail network the 30km Panoramica XC trail, that contours the entire valley. At this point of our tour we jump on the "Panoramica" Trail for the next 3km, before we pedal back on the "Ciclabile" bike path along the river Spöl to the Carosello 3000 bottom station.



Now we are about half way through the Tutti Frutti Epic, but the grins on our faces are already in full extension. Next stop is 1200 meters above on top of Carosello 3000 Peak at 3000 meters, just as the name implies. Here we stop for lunch and relax in a sun chair for a moment. The views are incredible, Switzerland to the immediate West and to the East we have clear views of some of Italy's tallest mountains, the Ortles-Cevedale, Gran Zebbru and Stelvio glacier. The charismatic mountain town of Livigno lays quietly far below us with all its beautiful hotels and shops. In the old days Livigno was cut off from the rest of the world during the winter months, due to the snow fall none of the passes could be crossed and the residents, mostly farmers, were on their own and cut off from the rest of the world. Nowadays things have changed, Livigno is accessible year around, the town was awarded duty-free status by the European Union, therefore it is also a shopping destination, besides being a ski and biking Eldorado.





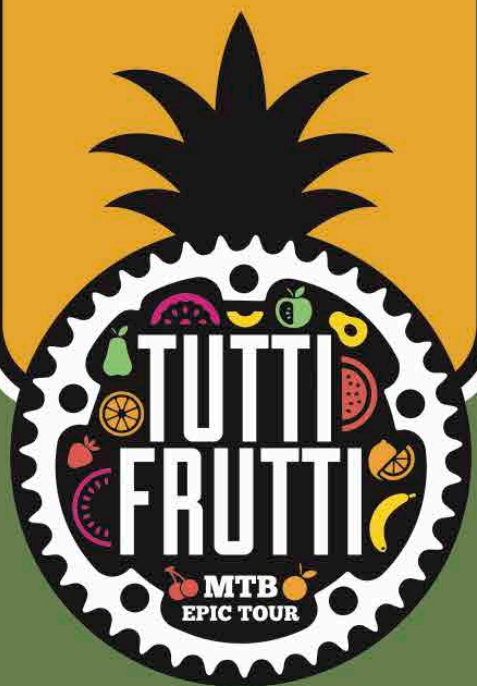
Next Checkpoint on the Tutti Frutti itinerary is “Madonon”, it’s a pedal to get there and takes a good rider about 25 minutes, but its worth while the ride and one of the highlights of the tour. For me this spot is extra special, the first time I rode there in 2008 I proposed to my wife Carmen at this very spot. To my surprise, since I had never been there before, I found a charming little mountain hut overlooking the entire valley as well as the glaciers of the Bernina Massif. Huts like this one are spread scattered around Livigno high up in the mountains as shelters and are open for everyone, you can even sleep there, they often come with a stove and provide simple shelter in case of bad weather. If you are lucky, like I was when I first came there with my to-be-wife Carmen, as well as this time with Brian, I found a bottle wine there left by the last visitors. This point is marked by a Madonna statue that is lit up at night and is one of the landmarks high above the village.

Nearby is also a toilet with a million dollars open air view. From here we backtracked the singletrail to the tiny Lac Salin Lake, from where we head to the backside of the Carosello 3000 Mountain and descent on a natural trail in the "Val Federia" valley. This descent is a long time classic for mountain bikers in Livigno, it drops into one of the most beautiful and remote valley' you can imagine. Half way down we stop at Alpe Federia, this is the place where all the cows of Livigno (and one farm family) spend their summers. They offer home cooking and since it's almost the end of our ride, we toast with a beer. Thirty minutes later we arrive back in Livigno, Brian insists to stop by the lake for a swim while I have the Gelateria Talgliede in mind, knowing that the owner has already created a new ice cream flavor called "TuttiFrutti".

The whole tour took us about 4:30 hours, including lunch, coffee and ice-cream.



1 DAY TOUR
1 LIFT PASS
10 MTB TRAILS
45 KM LONG
3500 M
VERTICAL DROP
85 M UPHILL
ENJOY!



APPROVED by
Hans Rey
& *Brian Lopes*

TUTTI FRUTTI EPIC MTB TOUR

CAROSSELLO 3000 - LIVIGNO



Tutti frutti, oh rutti
Wop bop a loo bop a lop bom bom!
Tutti frutti, oh rutti

Now it's your turn to ride this epic.





PATROL
TRAVEL: 155MM REAR 160MM
FRONT / WHEEL SIZE: 27.5"



PATROL CARBON
TRAVEL: 155MM REAR 160MM
FRONT / WHEEL SIZE: 27.5"



TR500
TRAVEL: 180MM OR 203MM
/ WHEEL SIZE: 27.5" OR 26"

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Transition


B I C Y C L E C O M P A N Y





Protecting your body is important in biking.

Beside wearing a helmet, which is a must, you can wear gloves, not only to have a good grip on the handlebar but also to protect your fingers and palm in case you have a crash. If you ride XCO, not much more is needed. But riding Enduro, it's better to protect your elbows and knees too. But it should be still comfortable, so that you can ride the whole day, and not feel limited while riding. If you go only for descent trails, a back protector would also make sense, and if you have the flow series of iXS, you'll almost feel nothing while wearing it. We show you the Flow Elbow and Knee Pads which have been developed with Hans Rey, and the Flow upper body protective.

A full-page background image showing a mountain biker in a green and black jersey and helmet, riding a trail bike over large, light-colored rocks. The sun is high in the sky, creating a lens flare. In the background, a blue lake is visible, surrounded by green hills and mountains under a clear blue sky.

My favorite thing about the iXS Flow pads (HRC edition / Hans Rey Certified) is how comfortable they wear. You hardly feel that you have them on even when pedaling uphill or when wearing them all day long. They are well ventilated and the X-Matter foam is super functional, even for stronger impact the material hardens up. I wear these pads for all kind of riding styles, from All Mountain, Trail Riding, Enduro, Bike Park and Dirt Jumping. Besides the knee pads and elbow pads iXS also offers a Hans Rey Certified Trail XC helmet and HRC gloves all in matching colors.

iXS is a great company to ride for and work with, the Swiss company really listens to the feedback and input from all their riders to constantly improve their protection and lifestyle product.

Happy Trails

Hans Rey





Sizes
S M L XL
Colors
black grey
Price
USD 75.90



Sizes
S M L XL
Colors
black grey
Price
USD 65.90



Minimal slip on soft protection with full knee and elbow coverage. Ideal for XC, Trail and all mountain riding.

- Highly ventilated and ergonomically shaped Xmatter™ pad (EN1621-1 certified)
- Ergonomic AeroMesh™ chassis provides a secure, comfortable fit in a lightweight breathable package
- Large VentMesh™ rear panel eliminates chafing and reduces heat build.
- LoopLock™ straps secure protection position
- Kevlar abrasive cover
- Designed in collaboration with Bike Legend and Hall of fame member Hans “NoWay” Rey

MATERIAL

As the pads are for Enduro and Trail riding, they must be super thin and light. To meet this, iXS just used only the best materials. With the Xmatter™ protection foam, which is light, and silicon stoppers to hold the pads place it will protect your body if you have a crash. With AeroMesh™, which is breathable and anti-bacterial, good air circulation keeps you from sweating even when riding uphill. The upper body protective jersey uses the same materials as the Flow Elbow and Knee Pads

Xmatter

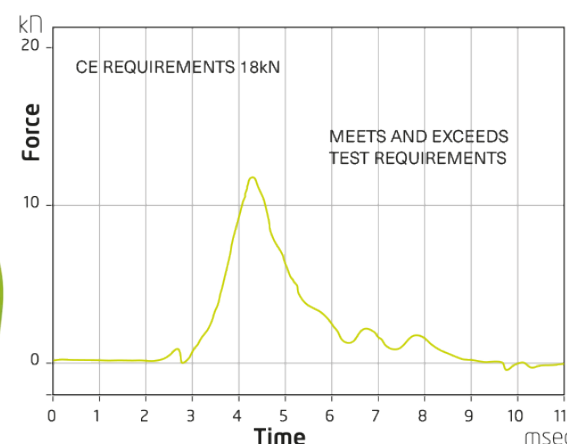
EN approved (EN1621-1). Smart, high impact energy absorbing open cell slow rebound foam compound. Ergonomically designed pads ensure maximum protection with minimal volume. Highly ventilated to reduce heat build up.





ON THE TRAIL

The Hans Rey Flow Elbow and Knee pads are super comfy to wear the whole day! And if you don't want to wear for example the Elbow pads all the time, they are so compact that they fit in any backpack. When you pedal a lot, especially uphill, the pads [Knee pads] stay in place and will not move, so everything is ready to protect you, and when you're riding down, you don't need to stop to put the pads back in place. The upper body protective jersey is so light, that you almost not feel it, even you will use a backpack. A tight fit, an ergonomic cut and a high level of moisture wicking and breathability provide highest comfort and safety. There are two small integrated stash pockets where you can put some soft things. Tools we wouldn't put in, because you could hurt yourself with something hard in those pockets. We find this pads perfect for riding Enduro, you feel them almost not at all, but you know you will be protected. Before you go riding, you put them on, once you are done after several hours riding, you take them off, and they are so comfortable, you never need to take them off while riding to let your skin breathe.



Lightweight soft protection compression fit vest with full back coverage.

- Xmatter™ back protector
- FlexZip stretchable zipper
- Stretchy Elastane compression fit
- Moisture wicking and antibacterial fabric
- EN1621-2 / EN1621-1 certified



Sizes
XSS SM ML LXL KS
(Kids S) KM (Kids M)
KL (Kids L)
Colors
grey
Price
USD 159.00





FIFTY-FIFTY



Guidering 104 PCD

AL-7075 T651, Black Blue Red Green

Range: 30T 32T 34T 36T

Compatibility: 9/10/11 speed

Size/PCD: 104PCD

Weight: 36g(30T) 36g(32T) 48g(34T) 60g(36T)



Chainguide DHR Series

AL-6061 T6, Black Blue Red Purple Green Orange

Plastic Parts: High molecular nylon, black or white

Range: 32-36T or 38-40T

Mounting Standards: ISCG03/OLD or ISCG05

Weight: 150g (ISCG05 32-36T)



天地人缘·2017贵德国家地质公园

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2017.8.12-13



Gerald Fischer



Fabian Mitterhauser



Beloved hometrails

This time I want you to get a closer view of my favorite hometrails in Kaprun/Austria. I am totally lucky to have such a trail paradise around me. The Kitzsteinhorn is one of the highest mountains here in Salzburg, with a breathtaking view of the lake of Zell am see, Kaprun and the mountains of Saalbach and Leogang. My Hometrails also belong to the Kitzsteinhorn, while riding down, enjoying the wonderful view and breathing some fresh air, you could forget all the thoughts and problems for nearly one hour of pure trail riding.

My Hometrail is split in two sections, the first one is the „Geißsteintrail“ (in english: „Goatstonetrail“) heading over to the „Wuestlautrail“. All in all the trails are about 12 kilometers long and reach through all kinds of the vegetation layers. It starts nearly at the edge of the glacier with some rough stone sections, goes over to the finest dirt and then to some cool





roots and muddy parts through the forest and at the end there is a small lake where I take a quick refreshment after a long way down. For me, it is the perfect trail around, on some points it is totally technical and moves over to some nice flow sections. Some really cool options for every kind of training.

It is 08:00 o'clock in the morning, my phone is ringing. My friend Gerald Fischer called me to get some sick pictures of the fresh opened trails at the Kitzsteinhorn. Nearly one hour later we are sitting in the gondola up to the „Alpine centre“. We came up here for about thousand times but the view is always breathtaking again. First ride down, searching for some nice spots and trying to get to know the trail again. After a long winter here in the Alps, many things can change over one winter season but the trails is in good shape and it's so much fun riding down. After a small uphill section at the end of the trail to



reach the gondola we are both hyped and can not wait to get up there again.

The weather is perfect, nearly cloudless and not too hot. After some shooting in the upper part we decide to take a small break at the „Salzburger Hütte“ for some lunch with the view to the snowy Kitzsteinhorn. Strengthened and fed, we take our bikes and dive into some really cool berms and small natural jumps again. Giving it all for the pictures. Time flies by so fast when you are having fun with your bike. After some cool pictures in the bag and our satisfied faces we enjoy the sundowner with a cold beer in the right hand and our bike in the left one. So, one day at our beloved home trails comes to the end. Hoping to have more days like this.

(unfortunately Fabian crashed hard, and hurt his shoulder badly, he must wait 4 month now to go back to his home trail)



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